

BASIC 72 Hour Emergency Kit

Food and Water: A three day supply for each person	
<input type="checkbox"/> Water, 1 gallon per person per day _____ People x 1 Gal x 3 days = _____ Gal Total	
<input type="checkbox"/> Food (minimal or no cooking) <ul style="list-style-type: none"> • Protein/Granola Bars • Trail Mix/Dried Fruit • Peanut butter • Canned Tuna, Beans, Turkey, etc • Crackers/Cereals 	<ul style="list-style-type: none"> • Canned Juice • Canned soup • Baby food • Baby formula & Bottles • Gum/Candy
Bedding and Clothing for each person	
<input type="checkbox"/> Change of Clothing (short and long sleeved shirts, pants, jackets, socks, etc.) <input type="checkbox"/> Undergarments <input type="checkbox"/> Rain Coat/Poncho	<input type="checkbox"/> Blankets, Sleeping Bag and/or Emergency Heat Blanks (that keep in warmth) <input type="checkbox"/> Cloth Sheet <input type="checkbox"/> Plastic Sheet
Fuel and Light: Don't forget batteries!	
<input type="checkbox"/> Battery powered lighting (Flashlights, Lamps, etc.) <input type="checkbox"/> Extra Batteries <input type="checkbox"/> Flares	<input type="checkbox"/> Candles (not scented) <input type="checkbox"/> Lighter <input type="checkbox"/> Water-Proof Matches
Equipment	
<input type="checkbox"/> Can Opener <input type="checkbox"/> Dishes/Utensils <input type="checkbox"/> Weather Radio (with batteries!) <input type="checkbox"/> Unscented household bleach <input type="checkbox"/> Eye dropper <input type="checkbox"/> Permanent marker, Pen and Paper <input type="checkbox"/> Extra set of house and car keys <input type="checkbox"/> Mini Tool kit (hammer, nails, screw driver, crowbar, adjustable wrench) <input type="checkbox"/> Paper towels <input type="checkbox"/> Cell phone charger	<input type="checkbox"/> Axe <input type="checkbox"/> Pocket Knife/ Multipurpose tool <input type="checkbox"/> Rope <input type="checkbox"/> Duct Tape <input type="checkbox"/> Work gloves <input type="checkbox"/> Two way radio <input type="checkbox"/> Bungee Cords <input type="checkbox"/> Scissors <input type="checkbox"/> Garbage bags <input type="checkbox"/> Shovel <input type="checkbox"/> Entertainment (Deck of cards, book, crayons, board game, etc)
Personal Care Items	
<input type="checkbox"/> Fist Aid Kit <input type="checkbox"/> Sun Screen <input type="checkbox"/> Bug repellent <input type="checkbox"/> Toilet paper <input type="checkbox"/> Toothbrush and paste <input type="checkbox"/> Extra prescription eye glasses, hearing aid or other vital personal items	<input type="checkbox"/> Soap/hand sanitizer <input type="checkbox"/> Shampoo and conditioner <input type="checkbox"/> Baby Wipes <input type="checkbox"/> Diapers <input type="checkbox"/> Feminine hygiene products <input type="checkbox"/> Medications (Prescriptions, Ibuprofen, children's aspirin, etc)
Personal Documents and Money (Place in a WATER TIGHT container)	
<input type="checkbox"/> Legal Documents (Birth/Marriage Certificates, Wills, Passports, etc) <input type="checkbox"/> Vaccination Papers <input type="checkbox"/> Insurance Policies <input type="checkbox"/> Photos of family members and pets for re-identification purposes	<input type="checkbox"/> Cash, enough to fill up your car tank at least once <input type="checkbox"/> Credit Card <input type="checkbox"/> Pre-Paid Phone Cards <input type="checkbox"/> List of emergency point-of -contact phone numbers
Pets	
<input type="checkbox"/> Pet supplies (collar, leash, ID, bowl, etc.) <input type="checkbox"/> Pet food and water too	<input type="checkbox"/> Carrier <input type="checkbox"/> Disposable box and litter

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